

Brownie Troop XX Camping Notebook

This Notebook Belongs to:



Camping is so much fun!

What do we need to know about to go camping? Write them down here:



Safety is always important to Girl Scouts!

At camp, we follow many safety rules!

These are the most important:

- Do not go anywhere alone, always have at least one buddy;
- Always make sure the leader gives us permission to go when we want to go someplace without the whole troop.
- Each person sleeps in her own assigned place – we don't share beds or sleeping bags!
- We **ALWAYS** follow the leader's instructions!



Fire Safety

In Girl Scouts, we learn outdoor skills!

One of these skills is Fire Building.

The Fire Rules

- The fire must be respected at all times.
- There is no running, skipping, etc. in the fire circle when the fire is lit. There is only WALKING CAREFULLY.
- There is always a filled water bucket nearby.
- The only girls who put anything into the fire are the assigned fire builders
- Any hair that is shoulder length or longer must be completely TIED BACK when the fire is burning.
- No loose clothing should be worn around the fireplace.

More Fire Safety

I know that the fire rules are important.
The reason why it's important to follow all
of the fire rules is:





Fun!

It is important to have fun when we camp!
These are the things my troop talked about
doing:

The things I really want to do at camp are:



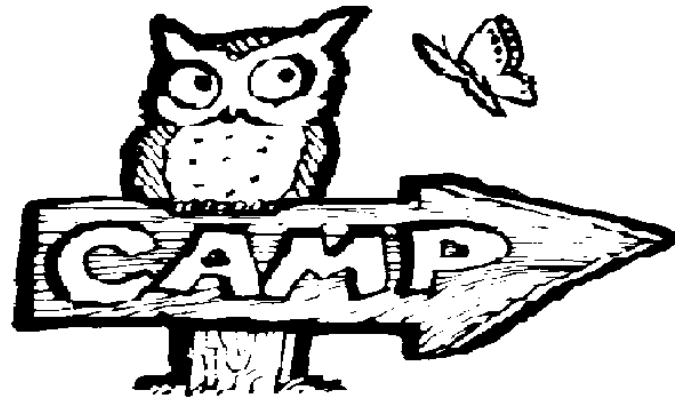
The Checklist!

Before I go to camp with my troop, I need to make sure I'm ready to go.

I need to prove to myself and the whole troop that:

- I can be a good friend to all of the girls in the troop, not just one or two girls;
- I follow directions from the leaders;
- I do not cry, whine, or refuse to play if I lose a game or do not get my own way all the time;
- I am willing to do new things, even if they are hard;
- I understand and follow the Girl Scout Law;
- I am willing to have as much fun as we can – and willing to help clean up quickly and well when we need to;
- I can spend the night away from home without being too homesick;
- I can help other girls who might be having trouble doing something I can do;
- I know some funny jokes, stories, and riddles to tell around the campfire!!!

Now that I've decided that I'm all ready for camp, there are things that the troop has to do before we go!!



We have to plan for 3 healthy meals a day!

I know the food groups from the food pyramid! They are:

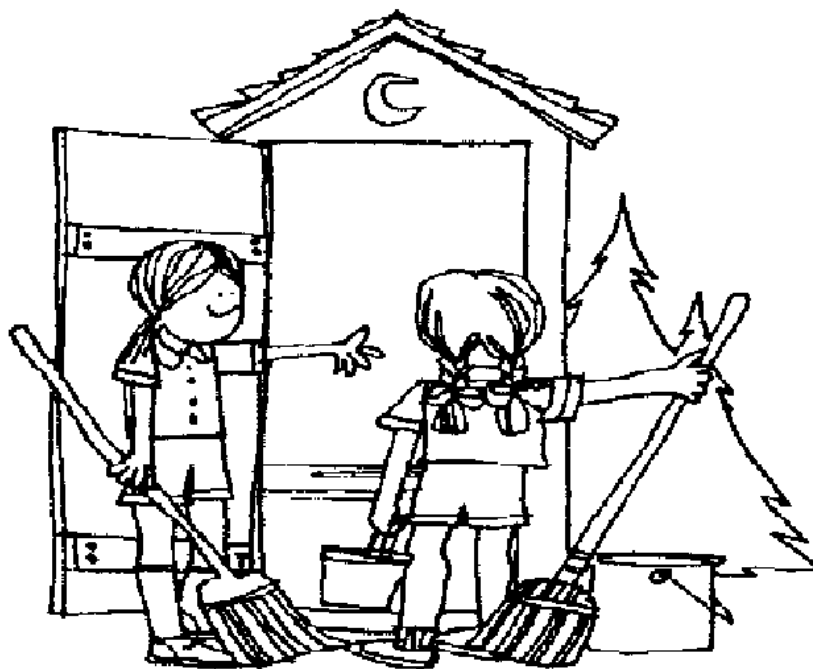
We have to plan activities!

Crafts? Hiking? Night Hiking? S'Mores?
Ceremonies? Try-its? Games?

And we need to be prepared to clean up after ourselves...

We have to:

- Make sure everything we borrowed is returned;
- Sweep and Clean the Kitchen Areas;
- Sweep and Clean the Cabin;
- And. Clean out the bathrooms or latrines!





Personal Camp Equipment Checklist

As you pack, check off each item. Take list to camp with you so you can use it again to repack for coming home. PUT YOUR NAME ON EVERYTHING!

- Duffel bag
- Sleeping bag or bedroll
- Extra blanket or sheet (depending on weather and your sleeping bag)*
- Pillow*
- Pajamas
- Poncho or waterproof raincoat and hat
- Waterproof boots or hiking boots (for outdoor use only)
- Warm jacket (even in summer)
- Two long-sleeved sweatshirts or heavy sweaters
- Pants
- T-shirts or blouses (no tube tops or halters)
- Underwear
- Thermal underwear or extra pajamas in winter
- Socks
- Shoes (no sandals or thongs)
- Hat
- Bandanna
- Washcloth (pack in small zip-lock bag)
- Toilet articles (pack in plastic bag):
 - Comb and /or brush
 - Toothbrush and toothpaste
 - Soap, in container or foil
 - Chapstick*
 - Insect repellent (no spray cans)
 - Any needed medication (turn into First Aider)
- Flashlight (with fresh batteries)
- Sit upon
- Extra items listed on permission slip
- Mess kit with unbreakable/washable plate, bowl and cup (mark each piece)
- Knife, fork, and spoon (mark each piece)
- Dunk Bag (Mesh net bag for dishes and silverware)
- Stuffed "friend" to sleep with (small, please!)*

*Optional

DO NOT BRING: Suitcase, radio, tape recorder, extra food, candy, gum, makeup, valuables, electronic games, hair dryer, NO JUNK FOOD!

Clothes should be old but sturdy and comfortable. Girl Scouts will be required to carry their personal gear to the campsite, so use good judgment when packing for camp; come well prepared, but not loaded down. Remember it is always colder and damper in the woods than it is in the city. You will stay comfortable and healthy if you are properly equipped and packed. Pack your gear as compactly as possible and fasten it securely so it won't come apart enroute. Be sure it's completely waterproof. Please don't pack items in large trash bags...they have a habit of ending up in the dumpster, mistaken as trash.

My Notes:

