

Ready, Set, Go Camping Brownie Campout

Note: This assumes you have followed recommended progression steps. You have had an overnight in someone's basement close by. You have had a day trip where you made a simple meal. Your girls appear ready for an overnight in the out-of-doors.

Prep Meeting #1: Discuss equipment they need. Use "Susie Goes Camping". Have an adult dress up with ridiculous clothing/equipment not appropriate for camping. Let girls tell you what they intuitively know about what they can/cannot bring. Go over gear list. Show how to pack in Ziploc bags. Remind them they must carry their own gear. Optional: Roll-a-Bag Relay or Dress for the Weather relay or other try-it related activities (Ready, Set, Go Camping #1).

Prep Meeting#2: Discuss food choices. Lunch: Let them brainstorm, make it their suggestion, but remind them it is a "no-cook lunch" (Normally, they will suggest sandwiches.) If girls want to cook, remind them they can do that at dinner at cooking at lunch would mean losing time for games. Have girls participate on types of lunch meat, condiments, chips, cookies, etc. Dinner: Vote on selections to supplement "Camp Stew" (Ready, Set, Go Camping #3). If salad is an option, girls can be involved in salad dressing choices, flavor(s) of juice, etc. Also decide on desert(s). Breakfast: Vote on 1-2 choices (cereal or bagels? Butter or Cream Cheese on the bagels? OJ or Milk to drink?) Important point: give them a stake in it; make them part of decision process!

Prep Meeting #3: Review Kapers, explain kapers, find a fair way to assign kapers. Talk about camp rules. Make an edible fire if you have not already done so to cover fire rules and terms. Get girls and parents to do the food shopping for you (you have enough to do already). Make sure the shopping list you give them is fool-proof!

Recommendation: Require parents to bring gear to your home not later than Thursday evening before the camping trip so that you can pack cars ahead of time and check gear.

- 9:00 am Arrive Campground
 Camp Set up: All!
 Supplies & Equipment to Cook Shelter
 Personal Gear to Lodge / Glen Shelters
 Latrine Clean Kaper, Wood Gathering Kaper, Evacuation Route Kaper
- 9:30 Opening Flag Ceremony & Announcements
 Reminder of Camp Rules
 Reminder of Camp Schedule
- 9:45 Prepare for Hike! Each girl brings: water bottle, bandana, buddy
 Scent hike. An adult pre-lays out a SIMPLE scent trail. Use an onion or cotton swabs dipped in oil of clove or peppermint. Rub scents on rocks, trees or signs. Try to follow the trail! (Ready, Set, Go Camping #6). (Note: don't use perfume -- attracts bugs!)

- 10:45 Quick games: duck, duck goose; 1 in 20; barnyard bedlam, etc.
- 11:00 Lunch! Make your own sandwiches
 Cold cuts and PBnJ sandwiches. Don't forget mayo, butter and mustard. Some like lettuce and tomatoes with their cold cuts! Need a knife for spreading Include fresh fruit (pre-washed at home). Can cut up on site. Also include chips and cookies plus fruit punch or lemonade.
 Kapers: hostesses prepare tables, cooks prepare juice, sandwich fixin's, fresh fruit (grapes, bananas, apple slices). Put out chips and cookies. Remind all to wash hands. Prepare dishwashing -- heat water for dishwasher. Remember to tend to trash bags!
- 12:30 Afternoon Games - Storm Warning (try-it related activity Ready, Set, Go Camping #4). Divide into teams. Sit in a circle. Let each group act out a part of a storm: wind, thunder, lightening, clouds, rain, snow, hail, etc. Create a giant storm by having everyone do it together. Talk about what to do in different weather situations.
- 1:00 Know your Knots – (Ready, Set, Go Camping #5). Give each girl a length of rope, about a yard long. Color code the ends, if possible. Teach Overhand and Square knots.
- 1:30 Craft time: Have them draw, paint or do gimp or beadies. Let them play cards if they like. Let them take a nap. After you get them started, sit down for at least 30 minutes to rest! ☺
- 2:30 Have girls divide into small teams. Let a parent work with each team to think up a skit or song for the campfire!
- 3:30 Outdoor games Banadana Tricks. Divide Girls into small groups. How many different things can each group think of to use a bandana for? (Ready, Set, Go Camping #1)
- 4:30 Dinner
 One-pot meal (Ready, Set, Go Camping #3). Camp Stew. Let each girl add an ingredient. Prepare salads and any other additional food (Garlic or French bread?
 One adult starts campfire at 4:30 with girls assisting
 Kapers: hostesses, cooks, clean up, latrine, fire builders
- 6:30 Clean up time, free time, arrange sleeping bags, get flashlights out, prepare for campfire

- 7:30 Campfire Skits
- 8:00 Campfire Songs, S'Mores
- 9:30 Get Ready for Bed!
- 10:00 Lights Out!

Sunday

- 7:00 Most of the girls will already be awake; start to rise and shine!
- 7:30 Start breakfast
 - Adults: start hot water for coffee and hot cocoa
 - Kapers: set out breakfast items; hostess duties, clean up
 - Menu: Bagels and/or cold cereal, juice, etc.
- 8:30 Start camp clean up
 - Pack up personal gear
 - Roll up bags and pads
- 9:30 Memory Hike -- Leave only Footprints, Take only Memories
 - Last hike through the area, each girl looks for one special thing they see on the hike
- 10:00 Scout's Own
 - Share Your Special Memory
 - Share "Thorn's & Roses" -- what went well, what didn't
- 10:30 Pack up Troop Gear; pack up personal gear, have girls walk in a straight line, arm-length apart, from one end of the campsite to the other, looking at the ground, as an exercise to see who can find the most pieces of trash to pick up.

After camp: Review once again what they learned, what they did as reinforcement. Learn to ask adults to help you clean up. Make sure girls do all the carrying of "stuff" for you. You are their troop leader, not their personal slave ☺