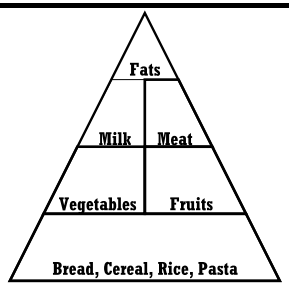
Menu Planner!

Meal:		Serves:	Nutrition: 
Preparation Time:	Cost per Serving:	Method:	

Menu	Shopping List	Equipment	Instructions